



XXIII Annual Conference

# JHOSCON 2026

Venue : Swarnabhoomi, Dangra Toli Chowk,  
Purulia Road, Ranchi-834001, Jharkhand



Date : 13, 14 & 15 February 2026



Host  
Ranchi Ophthalmic Forum

*Souvenir*



PESHCO-2021-4680

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Ex Consultant Sankara Nethralaya, Chennai

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## Dr. Anshuman

Retina & Vitreous Surgeon

DNB (Sankara Nethralaya, Chennai)

Fellowship (LV Prasad Eye Institute, Hyderabad)

## Dr. Ritika

Retina & Vitreous Surgeon

MS, FMRF

(Sankara Nethralaya, Chennai)

CATARACT



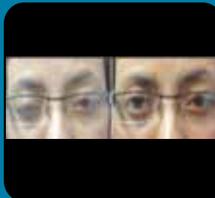
मोतियाबिन्द  
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PTOSIS



पलक का  
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नेत्र कैंसर

COSMETIC



कार्मेतिक  
सर्जरी

INJURY



आंखो की  
चोट



**XXIII Annual Conference**

# **JHOSCON 2026**



Photographs by :  
**Dr. Neeraj Kumar (Retina Specialist)**

# *Souvenir*

# JHOSCON 2026

## MYSTIC RANCHI



Jharkhand is a state in eastern India, carved out of the southern part of Bihar, was created on the 15th of November 2000. The state shares its border with the states of Bihar to the north, Uttar Pradesh to the north-west, Chhattisgarh to the west, Odisha to the south, and West Bengal to the east. It has an area of 79,710 km<sup>2</sup> (30,778 sq mi). The city of Ranchi is its capital while the industrial city of Jamshedpur is the most populous city of the state, Jharkhand is home to diverse population of people from various tribes, each with their unique traditions and customs.

It is state rich of flora and fauna with diverse culture and scenic forests ideal for nature lovers. It is well known for its majestic waterfalls, the elegant Jain temple of Parasnath Hill, Tigers and Elephants reserve in Betla National Park, near Dalton Ganj, the scenic sunset of Netarhat etc.



*Dream requires soundless sleep to see,  
Whereas aim requires sleepless effort to achieve.*

# JHOSCON 2026

State Capital of Ranchi is a bustling metropolis that seamlessly blends tradition with modernity. The city is known for its pleasant climate, scenic beauty, and vibrant culture. It is a gateway of gardens with river Subarnarekha flowing by, with many tourists attraction of its own. Many beautiful waterfalls are located around Ranchi. Apart from waterfalls, the top tourist attractions in & around Ranchi are Tagore Hill, Birsa Zoological Park, Dear Park, Kanke Dam, Rock Garden, Ranchi Hill, Patratu Valley & Lake etc.



Ranchi, known as the "City of Waterfalls", is home to some of the scenic waterfalls which include Hundru Falls, Dassam Falls, Jonha Falls, Hirni Falls, and Panchghagh Falls. Each offers a unique blend of scenic beauty and tranquility-perfect for nature lovers, weekend travelers, and adventure seekers.

The state is known for its vibrant folk music, dance, and art. The Sarhul festival, celebrated by the indigenous tribes, is one of the most important festivals of Jharkhand.

Jharkhand is a state that offers a unique blend of natural beauty, rich cultural heritage, and Industrial growth. Ranchi, the capital city is a smart metropolis that showcases the state's rich history and traditions. With its growing economy and tourism industry, Jharkhand is poised to become a major player in new India's growth story.

Following table would give a rough idea of its approximate distant from Ranchi

SI No	Place	Distance From Ranchi in km	SI No	Place	Distance From Ranchi in km
<b>In City</b>			8	Dassam Falls	50
1	Tagore Hill		9	Jonha Falls	40
2	Ranchi Hill		10	Hirni Falls	70
3	Kanke Dam		11	Panchghagh	50
<b>Around Ranchi</b>			<b>Other places</b>		
4	Birsa Zoological Park	19	12	Parasnath hill	195
5	Dear Park	56	13	Belta	160
6	Patratu Valley & lake		14	Netarhat	152
<b>Waterfalls around Ranchi</b>			15	Jamshedpur	128
7	Hundru Falls	45			

A state with rich heritage, rich in minerals and currently with a rapid pace of industrialization with an excellent friendly work culture is poised to play an important role in national development.

*Respect is earned, honesty is appreciated, trust is gained & Loyalty is returned*



# JHOSCON 2026

**SANTOSH KUMAR GANGWAR**  
GOVERNOR OF JHARKHAND



सत्यमेव जयते

LOK BHAVAN, RANCHI-834001 JHARKHAND  
Phone: 0651-2283465



## Message

I am happy to know that the Jharkhand Ophthalmological Society is organising its 23rd Annual State Conference from 13th to 15th February, 2026 at Ranchi.

It is a matter of pleasure that renowned eye specialists from across the country, together with ophthalmologists from State of Jharkhand will be attending this conference. Eye health is an integral component of overall well-being, and initiatives such as this conference contribute significantly to the advancement of vision care services and to addressing emerging challenges in the field of ophthalmology.

I am confident that the deliberations during the conference will enrich professional knowledge and ultimately benefit society at large.

I extend my best wishes to the Jharkhand Ophthalmological Society for the successful organisation of this conference and wish all the delegates a fruitful, enriching and memorable experience.

  
(Santosh Kumar Gangwar)

# JHOSCON 2026

**Hemant Soren**  
Chief Minister



## Message

It gives me immense pleasure to learn that the Ranchi Ophthalmic Forum is hosting the XXIII JHOSCON 2026, the annual conference of the Jharkhand Ophthalmological Society, from 13th to 15th February 2026 at Swarnabhoomi, Ranchi.

Vision is one of the most precious gifts of nature, and the role played by ophthalmologists in combating avoidable blindness and providing quality eye care is truly commendable.

I am happy to note that a Souvenir is being published to commemorate this prestigious event. Such publications serve as a valuable record of academic excellence and advancements in medical science. I am confident that this conference will provide a vibrant platform for experts to share knowledge, discuss innovative surgical techniques, and collaborate on strategies to improve eye care accessibility across the state.

I extend my "Johar" and heartfelt greetings to the organizing committee and all the delegates. I wish the XXIII JHOSCON 2026 a grand success and hope that the deliberations held during these three days will contribute significantly to the vision of a "Sona Jharkhand".



(Hemant Soren)

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# JHOSCON 2026



**Dr. Irfan Ansari**

**Minister**

Health, Medical Education & Family  
Welfare, Food, Public Distribution  
& Consumer Affairs and Disaster  
Management Department  
Govt. of Jharkhand



**संदेश**

Ministry of Jharkhand  
Nepal House, Doranda, Ranchi-834002  
Mobile: 7004605005, 9308002001  
Tel: 0651-2491887 (Office)  
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नेत्र चिकित्सा के क्षेत्र से जुड़े इस प्रतिष्ठित चिकित्सक समुदाय को संबोधित करना मेरे लिए अत्यंत गौरव का विषय है। यह झारखंड राज्य के लिए भी गर्व का क्षण है कि हम JHOSCON 2026 जैसे भव्य आयोजन की मेजबानी कर रहे हैं। यह राज्य स्तरीय नेत्र सम्मेलन आगामी 13, 14 और 15 फरवरी 2026 को रांची में आयोजित किया जा रहा है।

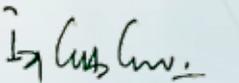
इस सम्मेलन की महत्ता का अंदाजा इसी बात से लगाया जा सकता है कि इसमें पूरे देश से लगभग 60 से 70 विख्यात गेस्ट फैकल्टीज (अतिथि विशेषज्ञ) भाग ले रहे हैं। हमारे राज्य के प्रतिनिधियों के साथ उनका यह समागम, निश्चित रूप से पेशेवर ज्ञान, आधुनिक तकनीक और चिकित्सा कौशल के आदान-प्रदान का एक उत्कृष्ट मंच बनेगा।

मैं भली-भांति अवगत हूँ कि झारखंड ऑप्टल्मोलॉजिकल सोसाइटी शैक्षणिक कार्यक्रमों के क्षेत्र में निरंतर नए आयाम स्थापित कर रही है। विभिन्न नेत्र अस्पतालों के माध्यम से चलाए जा रहे इसके जन-जागरूकता अभियान और उच्च स्तरीय पोस्ट ग्रेजुएट शिक्षण कार्यक्रम अत्यंत प्रशंसनीय हैं। यह हम सभी के लिए गर्व का विषय है कि झारखंड ऑप्टल्मोलॉजिकल सोसाइटी को राष्ट्रीय स्तर पर लगातार तीन वर्षों तक 'सर्वश्रेष्ठ राज्य सोसाइटी' के पुरस्कार से सम्मानित किया गया है।

मेरा यह लक्ष्य और स्वप्न है कि नेत्र स्वास्थ्य सेवाएं झारखंड के प्रत्येक घर और अंतिम व्यक्ति तक सुलभ हों। हम राज्य में चिकित्सा सेवाओं की गुणवत्ता को वैश्विक स्तर पर ले जाने और स्वास्थ्य सुविधाओं के विस्तार के लिए प्रतिबद्ध हैं।

मुझे पूर्ण विश्वास है कि देशभर से आए इन विशेषज्ञों का मार्गदर्शन हमारे चिकित्सकों को नई ऊंचाइयों पर ले जाएगा, जिसका सीधा लाभ हमारे प्रदेश की जनता को मिलेगा।

मैं इस सम्मेलन की अभूतपूर्व सफलता हेतु अपनी हार्दिक शुभकामनाएं मंगलकामनाएं प्रेषित करता हूँ।

  
(डॉ. इरफान अंसारी)

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# JHOSCON 2026

## Message from the President, All India Ophthalmological Society (AIOS)



It gives me immense pleasure and pride to extend my warmest greetings to the Jharkhand Ophthalmological Society (JHOS) and the Ranchi Ophthalmic Forum (ROF) on the occasion of the 23rd Annual Conference of JHOS, being held from 13th to 15th February 2026 at Swarnabhumi, Ranchi.

The theme, “**Advances & Innovations,**” truly reflects the dynamic spirit of Indian ophthalmology today—a specialty that is constantly evolving, embracing technology, and redefining standards of patient care. This conference stands as a testament to the commitment of JHOS and ROF to academic excellence, skill enhancement, and meaningful professional engagement.

The thoughtfully curated scientific programme—ranging from orations, competitive sessions, and quizzes to video-assisted surgical skill transfer, trauma management, and AIOS flagship initiatives such as *Midas Touch* and *Prayogshala Connect*—offers a rich platform for learning, dialogue, and inspiration. Such diverse and forward-looking sessions not only empower our postgraduate students and young ophthalmologists but also provide seasoned clinicians an opportunity to exchange insights and refine best practices.

At AIOS, we firmly believe that regional conferences play a pivotal role in strengthening the national academic fabric by nurturing talent, fostering collaboration, and bringing innovation closer to everyday clinical practice. JHOS 2026 exemplifies this vision by blending academic rigor with inclusivity and creativity.

I take this opportunity to place on record my sincere appreciation to the **JHOS Office Bearers**, led by **Dr. Rajnikant Sinha (President, JHOS)**, **Dr. Sujoy Samanta (Hony. Secretary, JHOS)**, **Dr. Bharti Kashyap (CSC, JHOS)**, and **Dr. Malay Verma (Hony. Treasurer, JHOS)** for their leadership and continued commitment to strengthening academic excellence and professional camaraderie within the state.

I also extend my heartfelt congratulations to the **Organising Committee and the Local Organising Team of ROF**, including **Dr. B. P. Kashyap (Chairman, Reception Committee / Conference Co-ordinator)**, **Dr. Preetish Pronoy (Organising Secretary)**, **Dr. Rahul Prasad (Organising Secretary)**, **Dr. Bharti Kashyap (Hony. Treasurer, ROF)**, **Dr. Sunil Kumar (Hony. Secretary, ROF)**, **Dr. Anup Gupta (President, ROF)**, **Dr. Pankaj Kumar (Vice President, ROF)**, **Dr. Rashi Shyam (Joint Secretary)**, and **Dr. Tanisha Ojha (CSC, ROF)** for their dedication, meticulous planning, and tireless efforts in bringing together such a meaningful academic congregation.

I am confident that this conference will be a memorable and enriching experience for all participants and will contribute significantly to advancing ophthalmic care for the communities we serve.

With my very best wishes for a grand success of JHOS 2026.

Warm regards,

**Dr. Partha Biswas**  
President  
All India Ophthalmological Society (AIOS)





## Message from the President

**I**t gives me immense pleasure to extend my warm greetings to all members of the Jharkhand State Ophthalmological Society on the occasion of your Annual Conference. This gathering reflects your commitment to excellence, innovation, and the advancement of ophthalmology in Jharkhand and beyond.

Such conferences serve as a vibrant platform for the exchange of knowledge, skill transfer, and showcasing the latest advancements in eye care. I commend the members and organizers for fostering an environment where scientific curiosity meets clinical expertise, and where collaboration paves the way for innovation.

As ophthalmologists, our mission goes beyond restoring vision—it is about transforming lives and creating a healthier, brighter future for our communities. I am confident that the deliberations, presentations, and interactions at this conference will inspire fresh ideas, strengthen professional bonds, and motivate continued contributions to the field of ophthalmology.

On behalf of the All India Ophthalmological Society, I congratulate the Jharkhand State Ophthalmological Society for its dedication, leadership, and vision. May your conference be a resounding success and a celebration of learning, innovation, and excellence in eye care.

**Dr. Jeewan Singh Titiyal**

President (elect) AIOS

# JHOSCON 2026



## Message

**I**t gives me immense pleasure and pride, on behalf of the All India Ophthalmological Society, to extend a very warm welcome to each one of you to JHOSCON 2026 (Annual Conference of Jharkhand Ophthalmological Society) scheduled to be held on 13 th 14 th Feb, 2026 Ranchi.

Jharkhand Ophthalmological Society has consistently demonstrated remarkable academic vibrancy, organizational excellence, and visionary leadership. The scientific initiatives taken by JHOS reflect a deep commitment to advancing ophthalmic education, research, and clinical excellence.

The thoughtfully curated scientific programs, innovative forums, research methodology initiatives, leadership development activities, and focused public health outreach efforts are truly commendable. The society's consistent achievement as the Best State Society and its outstanding academic contributions stand as a testament to the dedication and collaborative spirit of its members.

JHOSCON 2026 promises to be a confluence of knowledge, innovation and inspiration bringing together experienced stalwarts, emerging leaders, and enthusiastic postgraduate students under one academic umbrella. Conferences such as this not only strengthen our scientific foundation but also reinforce our shared mission of eliminating avoidable blindness and delivering equitable eye care across our nation.

I congratulate Dr Rajnikant Sinha, President, Dr Sujay Samanta Secretary, Dr Bharti Kashyap CSC, Dr Malay Varma, Treasurer team JHOS for their tireless efforts and wish the conference grand success May the deliberations be enriching, the discussions stimulating, and the camaraderie enduring.

With warm regards,

**Prof. Dr MOHAN RAJAN**

Vice President

All India Ophthalmological Society (AIOS)



# JHOSCON 2026



## Message

**I**t gives me immense pleasure to convey my warm greetings and best wishes to the organizers and delegates of the XXII JHOSCON Conference 2026, scheduled to be held at Swarnabhoomi, Dangra Toli Chowk, Purulia Road, Ranchi.

Scientific conferences such as JHOSCON play a pivotal role in advancing academic excellence, fostering innovation, and promoting meaningful exchange of knowledge and experiences among ophthalmologists. I am confident that the well-structured scientific program will provide valuable learning opportunities, encourage thoughtful discussions, and contribute significantly to improving patient care.

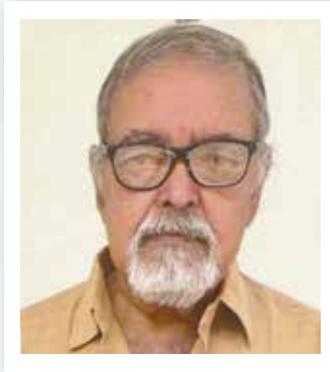
I commend the organizing committee for their dedication and meticulous efforts in planning this academic event. I am sure that the conference will be both intellectually enriching and professionally rewarding for all participants.

I wish the XXII JHOSCON Conference 2026 a grand success and hope it proves to be a memorable and impactful experience for everyone involved.

With best wishes,

**Prof. Dr. Namrata Sharma**  
Chairperson,  
Scientific Committee All India Ophthalmological Society (AIOS)

# JHOSCON 2026



## Message from the President

Dear Esteemed Members, Colleagues, and Friends,

**I**t is my great pleasure to extend a warm welcome to all of you on the occasion of the Annual Conference of the Jharkhand Ophthalmic Society, being held on 13th, 14th, and 15th February 2026.

The Jharkhand Ophthalmic Society has always stood for academic excellence, ethical practice, and collective progress in eye care. This conference provides a valuable platform to update our knowledge, share clinical experiences, and engage in meaningful discussions that contribute to better patient outcomes. The academic sessions have been carefully planned to address both emerging trends and practical challenges in ophthalmology.

I encourage all members to actively participate, exchange ideas, and strengthen professional bonds during these three days. Together, let us continue to advance the standards of ophthalmic care and serve our communities with compassion and commitment.

With best wishes for a successful, enriching, and memorable conference.

**Dr. Rajni Kant**

Jharkhand Ophthalmic Society





## Message from Past President (JHOS)

Dear Delegates,

**I**t has been an honour and a privilege to have served previously as the President of the Jharkhand Ophthalmological Society. JHOS is a very vibrant, dynamic and energetic society whose members are extremely hardworking, highly skilled and very interested in the welfare of the communities they serve.

JHOS has been very lucky to have visionaries as leaders which together with the talent and drive of the younger generations, pushed the comparatively young and small society to win the prize of the best society in the year 2022. To prove that it was not a fluke, the victory was repeated in the successive year. And to create history, a hat-trick of wins was completed making the society's intentions very clear.

We are standing at the cusp of the 23rd JHOSCON state conference showcasing not only local upcoming gifted ophthalmologists but national and international luminaries to provide an array of sub-specialties.

I find it very reassuring to see many of Jharkhand's young and accomplished ophthalmologists shining on local, national and international stages.

I wish you all many accolades in the future and pray that this rich legacy will endure and be carried forward with flair and renewed fervour.

My best wishes,

**Dr. Nandita Agarwal**



## Message from the Secretary, JHOS

Greetings from the Jharkhand Ophthalmological Society.

**T**his souvenir stands as a symbol of our collective commitment to knowledge, innovation, and service to humanity through ophthalmic care. Each article published herein represents not only scientific effort, but also a shared vision—to restore sight, improve lives, and advance the art and science of ophthalmology.

I in the capacity of Honorary Secretary of Jharkhand ophthalmological society is thrilled to welcome you all to JHOSCON 2026 at Swarna Bhoomi, Ranchi from 13th February to 15th February.

I would like to express my deep gratitude to the local organising committee under the esteemed leadership of Dr BP Kashyap, Chairman Reception committee, Organising Secretary Dr Preetish Pranoy and the team LOC for their hard work and dedication in organising this conference

I am sure all the delegates will have great learning as the scientific program has been carefully designed by the CSC JHOS. Other highlight of the conference is the faculty talk Wet lab, Deferred Surgeries, Quiz & new equipment's demos. This will be accompanied by Gala Musical Night. So have an amazing time in this academic and social extravaganza

Regards,

**Dr Sujoy Samanta**  
Honorary. Secretary Jharkhand Ophthalmological Society



# JHOSCON 2026



## Message

Dear Colleagues,

**I**t is both an honour and a privilege to serve our society as the Chairperson of the Scientific Committee. We are truly delighted by the overwhelming and enthusiastic participation of ophthalmologists and postgraduate students from across Jharkhand in the Mid-Term and Annual Conferences, across all scientific categories. Curating a robust and meaningful scientific programme required immense dedication and tireless effort, and selecting the very best from such a rich pool of submissions was indeed a herculean task.

The Innovators' Forum, High Impact Pearls, and International Heroes' Sessions were thoughtfully re-envisioned with a fresh perspective and distinctive format during both the Mid-Term and Annual Conferences, successfully engaging the brightest ophthalmic minds within our society.

We are immensely proud to share that our International Hero, Dr. Bibbhuti Kashyap, created history by winning two prestigious Rhett Buckler Awards in 2025, setting a remarkable world record.

Throughout the year, numerous webinars and CMEs focusing on research methodology were conducted. Our State Society is also organising the State Symposium at AIOS, Jaipur. In addition to district-level CMEs, we have consistently hosted scientific symposia across various ophthalmic subspecialties, along with exclusive CMEs and webinars for postgraduate students. I sincerely acknowledge the unwavering commitment of all coordinators—through our collective efforts, we have proudly won the Presidential Trophy for three consecutive years as the Best State Society in the 500-member category, and the Overall Best State Society trophy for the financial year 2024–25.

Last year marked the initiation of both physical and online seminars on Preferred Practice Patterns across multiple ophthalmic subspecialties. We are pleased to share that two AIOS Prayogshalas on research methodology were successfully conducted, and the AIOS Prayogshala Connect will also be featured during our Annual Conference.

Additionally, the Leadership Development Programme, launched last year, has been well received. Alongside Public Eye Health Awareness initiatives, extensive outreach activities were conducted in NICUs and among physicians, endocrinologists, and paediatricians, with a focused emphasis on preventable blindness due to conditions such as Diabetic and Hypertensive Retinopathy, Retinopathy of Prematurity (ROP), and Eye Disease in endocrinal disorders.

I extend my best wishes for the grand success of JHOSCON 2026 and look forward to meeting each one of you.

Warm regards,

*Bhaarti' Kashyap*  
**Dr. Bhaarti Kashyap**

Chairperson, Scientific Committee

JHOS

# JHOSCON 2026



## Message From Organising Secretary

### Respected members of JHOS and delegates

Greeting from Ranchi ophthalmic forum

**I**t is our privilege to welcome you all to JHOSCON 2026, the annual conference of Jharkhand Ophthalmological society being held in the capital city of Jharkhand, Ranchi. At the onset, we on behalf of the entire local organising committee want to extend the thanks to the JHOS for giving us the opportunity to hold this prestigious conference at Ranchi. Ranchi being the capital city of Jharkhand as well as the city of Hills has always been one of the most beautiful cities and sort out destination of Jharkhand.

JHOSCON serves as a premier platform for ophthalmologist as it brings together eminent ophthalmologist, researchers and allied professionals to share knowledge, exchange idea and explore innovation which are shaping the future of vision science and ocular health. This conference Aims to foster collaboration, inspire Academy excellence and turning advancement into better patient care.

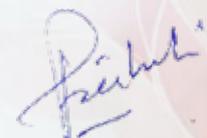
All our members of Ranchi ophthalmic forum and the local organising committee have tried our level best to organise the JHOSCON 2026 in its highest standards. We would like to thank all our respected seniors as well as all the members of the present executive body of JHOS for their guidance and support in organising the conference. It would be very unfair for us if we fail to thank all the members of Ranchi ophthalmic forum and the sponsoring organisation for all the help, support and blessings in holding the conference. Hope the delegates will have a comfortable stay in Ranchi and will be able to exchange their scientific knowledge in a very congenial environment. We on behalf of the LOC would like to seek forgiveness from all of you for any shortcomings in holding the conference.

We wish JHOSCON 2026 a grand success.



**DR RAHUL PRASAD**

(Organising Secretary)



**DR PREETISH PRONOY**

(Organising Secretary)



# JHOSCON 2026

## *Message from the Desk of the Souvenir Committee*



Dr Vandana Prasad



Dr Dolly Tandon



Dr Mayuri Bhattacharjee

Dear Colleagues and Esteemed member.

**O**n behalf of the Jharkhand ophthalmic society, it gives us immense pleasure to welcome you all to our state conference JHOSCON 26 at Ranchi - a beautiful city with abundant natural beauty like waterfalls, lakes, hills & forest with very pleasant weather.

We thank our JHOS society to have given us the good work of compiling the souvenir which is a mirror of our culture and warmth of our society. Our effort has been to bring together knowledge, experiences and memories through this souvenir.

This conference is not just an academic gathering, but a celebration of shared learning, collaboration and the collective commitment we held towards advancing eye care. Our these three days, we look forward to meaningful scientific discussions, exchange of ideas, hands on learning and strengthening professional bonds among colleagues and friends.

We feel honoured to have a galaxy of experts from all over the country, who have taken the trouble to come and share their knowledge, experiences and surgical skill with us, complementing our delegates and to make the conference memorable.

We are thankful to all the office bearers of JHOS, local organising committee for their relentless effort in bringing the conference to such high standards. Special thanks to chairman reception committee Dr. B.P. Kashyap, organising secretary Dr. Preetish Pranay and Dr. Rahul Prasad, chairman scientific committee Dr. Bharti Kashyap. The par excellence scientific, deliberations CMES, social campaign have made JHOS bag the best state society award for 3 consecutive years, which itself is a testimony of the dedicated efforts. We are positive that this conference will be a platform of both academic excellence and an engaging experience for the delegates.

We are thankful for all those who have contributed to the souvenir in form of articles and advertisement.

With regards.

Dr Vandana Prasad  
Dr Dolly Tandon  
Dr Mayuri Bhattacharjee

# JHOSCON 2026

## History of JHOS Conferences

Sl. No.	Date	Venue	Organizing Secretary	Prof. B.P. Kashyap Memorial Oration	Dr. Lakshmi Narain Memorial Oration	President JHOS	Secretary JHOS	Chairman Sc. Committee
XXII	21-23 Feb. 2025	Deoghar, Jharkhand	Dr. N.D Mishra	Dr. Santosh Honavar	Dr. Pankaj	Dr. Nandita Agarwal	Dr. S.K. Mitra	Dr. Bharti Kashyap
XXI	3-5 May 2024	Hazaribagh, Jharkhand	Dr Sujoy Samanta	Dr Rohit Shetty	Dr Rajnikant Sinha	Dr. Rajmohan	Dr S K Mitra	Dr Bharti Kashyap
XX	17-19 Mar 2023	Purulia, West Bengal	Dr Zahid Siddiqui	Dr Vinod Arora	Dr N C Gandhi	Dr Anand Thakur	Dr S K Mitra	Dr Bharti Kashyap
XIX	13 & 14 Mar 2022	Jamshedpur	Dr Vivek Kedia	Dr. Namrata Sharma	Dr Rajiv Gupta	Dr Lalit Jain	Dr Bibhuti Bhushan	Dr Bharti Kashyap
XVIII	8 & 28 Nov 2020	Virtual		Dr. Partho Biswas	Dr Lalit Jain	Dr Halimuddin	Dr Bibhuti Bhushan	Dr Bharti Kashyap
XVII	29-Nov to 1-Dec 2019	Dhanbad	Dr Rekha Singh	Dr Arup Chakravorty	Dr Anand Thakur	Dr Shailendra Kumar Singh	Dr Bibhuti Bhushan	Dr Bharti Kashyap
XVI	07-10 Nov 2018	Ranchi	Dr. Bharti Kashyap	Dr S Natrajan	Dr S P Jhakanwal	Dr Rajiv Kr. Gupta	Dr Sujoy Samanta	Dr Vandana Prasad
XV	08-10 Dec 2017	Hazaribagh	Dr Sujoy Samanta	Dr Pramod Bhende	Dr B.P. Kashyap	Dr S.R. Singh	Dr Sujoy Samanta	Dr Vandana Prasad
XIV	02-04 Dec 2016	Deoghar	Dr N.D. Mishrat	Dr Debashis B	Dr B. N. Gupta	Dr J.S. Ojha	Dr Sujoy Samanta	Dr Vandana Prasad
XIII	20-22 Nov 2015	Jamshedpur	Dr Bibhuti Bhushan	Dr D. Ramamurthi	Dr Rajmohan	Dr B. N. Gupta	Dr S. K. Singh	Dr Rajiv Gupta
XII	28-30 Nov 2014	Bokaro	Dr Z. A. Siddiqui	Dr Krishnadas R	Dr b. P. Singh	Dr Subhash Gupta	Dr S. K. Singh	Dr Rajiv Gupta
XI	29 Nov-01 Dec 2013	Dhanbad	Dr R. K. Sinha	Dr Lalit Verma	Dr Subhash Gupta	Dr J. S. Bedi	Dr S. K. Singh	Dr Rajiv Gupta
X	01-02 Dec 2012	Ranchi	Dr B. P. Kashyap	Dr J. S. Tiriyal	Dr Surendra Singh	Dr B. P. Kashyap	Dr B. N. Gupta	Dr A. K. Thakur
IX	19-20 Nov 2011	Hazaribagh	Dr Sujoy Samanta	Dr (Prof.) R. V. Azad	Dr. Rajiv Kumar	Dr Parth Maitra	Dr B. N. Gupta	Dr A. K. Thakur
VIII	27-28 Nov 2010	Jamshedpur	Dr Bibhuti Bhushan	Dr S. Haldipurkar	Dr. I. M. Prasad	Dr P. K. Chattergee	Dr B. N. Gupta	Dr A. K. Thakur
VII	21-22 Nov 2009	Bokaro	Dr Sanjoy Chowdhury	Dr K. P. S. Mallick	-----	Dr Kirti Vas	Dr B. N. Gupta	Dr B. P. Kashyap
VI	08-09 Nov 2008	Ranchi	Dr Raj Mohan	Dr P. N. Nagpal	-----	Dr B. P. Singh	Dr B. N. Gupta	Dr B. P. Kashyap
V	03-04 Nov 2007	Dhanbad	Dr B. N. Gupta	Dr Amod Gupta	-----	Dr Rajiv Kumar	Dr B. N. Gupta	Dr B. P. Kashyap
IV	04-05 Nov 2006	Hazaribagh	Dr Parth Maitra	Dr Vikas Mahatme	-----	Dr S. N. P. Gupta	Dr B.P. Kashyap	Dr B. N. Gupta
III	12-13 Nov 2005	Jamshedpur	Dr Manjul Pant	Dr Mohan Ranjan	-----	Dr Surendra Singh	Dr B.P. Kashyap	Dr B. N. Gupta
II	06-07 Nov 2004	Bokaro	Dr Kirti Vas	Dr Kamlesh	-----	Dr M Singh	Dr B.P. Kashyap	Dr B. N. Gupta
I	28-29 Feb 2004	Ranchi	Dr B. P. Kashyap	Dr Vinay Nangia	-----	Dr B. K. Verma	Dr B.P. Kashyap	Dr Raj Mohan





## Dr. Lakshmi Narayan *Intramural Oration Award*

- ★ Dr Lakshmi Narayan was a leading Ophthalmologist and a great philanthropist of Jharkhand.
- ★ He hailed from Gumla. Did his MBBS and MS from PWMC.
- ★ He was a keen footballer and General Secretary of his medical college.
- ★ He had the privilege to be with the team treating our First President of India.
- ★ Had number of research and clinical papers in different conferences and journals.
- ★ He retired as Superintendent, Central Hospital, Dhanbad.
- ★ He was a selected by Govt. of India under Colombo Plan for training in corneal grafting.
- ★ He kept pace with the newer technologies and specially IOLs.
- ★ He held topnotch positions in different societies.
- ★ Apart from many awards he also got Srinivasan Gold Medal from AIOS and J.N.Rohatgi award from BOS.
- ★ He had been adviser to the Govt of India specially for the health up liftment of people from mining areas.
- ★ His contribution in training his younger colleagues and free eye camps can never be forgotten.
- ★ His son Dr Manish Narayan and daughter Dr Rohini Narayan, both are Ophthalmologists.
- ★ He pledged his eyes and his family members respected his wishes and donated his eyes after his demise.



**DR. S.K. SINGH**

*Intramural  
Oration Awardee*

## Dr Shailendra Kumar Singh

- ★ Graduated from Prince of Wales Medical College, Patna in 1977.
- ★ Obtained his M.S. Degree in 1983 and Ph D in 1988.
- ★ Trained under Dr (Prof) A N Pandeya and Dr (Prof) B. P. Kashyap.
- ★ Was awarded “Dr Dukhan Ram Best Essay Award” in 1979 by Bihar Ophthalmological Society.
- ★ Did his training in Microsurgery (IOL) at Aravind Eye Hospital, Madurai.
- ★ Served in Bihar Health Services till 2000.
- ★ Worked as Resident Surgical Officer in Darbhanga Medical College & Hospital, Bihar.
- ★ Retired as Director, Health Services, Jharkhand in 2018.
- ★ Operated on thousands of cataract patients in rural Eye Camps under the aegis of Lions Club & Sanskriti Vihar in Jharkhand and Bihar.
- ★ Established Eye Deptt with OT facilities for IOL surgery in a Psychiatric Hospital at Ranchi.
- ★ He is one of the founder Life Members of Jharkhand Ophthalmological Society.
- ★ Served JHOS as Honorary Secretary and President.
- ★ Life member of AIOS and Bihar Ophthalmological Society.
- ★ Has presented several papers in State ,national & international Conferences and CMEs.
- ★ His area of interest is Anterior Segment.
- ★ He is still practising ophthalmology in a private facility at Ranchi.





## PROF. B.P. KASHYAP

### *Extramural Oration Award*

The foundation of Kashyap Eye Hospital was laid by Late Dr Bharat Prasad Kashyap. He was born on 15.1.30. He received Gold Medal in I.Sc. in 1950 from Science College, Patna. Completed his MBBS from Darbhanga Medical College and Hospital in 1955 with honours in Physiology, Eye and ENT.

He happened to be in the top slot for many new procedures that were adopted by the ophthalmologists of India. He was among the first few to start 10/0 nylon stitches. He was among the first few to start the intra ocular lens during cataract surgery. He was first to start keratoplasty, popularly known as "corneal grafting" in this region on 1st January 1979. He was among the inventors for the cataract operation combined with glaucoma. He had the vision to keep records of the patients since 1966. He upgraded the department of ophthalmology of RIMS, the then RMCH.

He has the maximum number of free cataract surgeries in blind relief camps to his credit, he also standardized the rates of cataract surgery in this region. He was among the first to secure the eyes of people at "Blind Relief Camp" by putting stitches. He always believed to involve the local junior ophthalmologists in blind relief camps.

He never hesitated in referring the cases to those junior ophthalmologists if some cases came from their localities. He talked very high about the ophthalmologists if the operated cases by them visited Dr. Bharat Prasad Kashyap.

Did his Master of Surgery (eye) from DMCH, Bihar in 1958. He was resident officer in the department of ophthalmology in PMCH from April 1961 to June, 1952. Promoted to Assistant Prof. In R.M.C.H. From June 1962 to August 1965.

He became Associate Prof. In RMCH from 1965 to 1975. He became Prof. And head of the department from 15 Aug 1975 onwards. He left for the heavenly abode on 7th Dec. 1986.

He was quite updated and made his private hospital according to latest technological advances available those days. By 1979 ophthalmologists from all over the world were turning "microscopic surgeon". He also soon adapted himself to the new challenge and became the ophthalmologist operating through the microscope.

He was posthumously awarded The Father of Ophthalmology of Jharkhand.

He was excellent teacher and exemplary father and husband. His friends still miss his company.



## PROF. ROHIT SHETTY

### *Extramural Oration Awardee*

### Prof. Rohit Shetty

**DNB, FRCS, FACS, PhD Director,**

Narayana Nethralaya, Bangalore Clinical and Translational Scientist, GROW Laboratories Chair  
'Translational Research in Refractive Surgery and Corneal Diseases', Maastricht University

- ★ Areas of work: Refractive surgery, Optics and Imaging, Biomechanics, and Mathematical modelling, AI, Molecular biology, Genetics and Gene therapy, Wound signaling, Drug pharmacokinetics.
- ★ Featured in the top 100 of the Ophthalmologist Power List - 2022, 2023, 2024 and 2025.
- ★ Awards: Col. Rangachari Award for the best paper at AIOS, Achievement Award by the American Academy of Ophthalmology and APO, IJO Gold and Silver award, the Casebeer Award for outstanding contribution to refractive surgery by the ISRS.
- ★ FRCS examiner and Chief Mentor for the Dual Academic Program (PhD & Clinical Fellowship).
- ★ Over 400 publications in peer-reviewed journals with H-Index: 45 and Citations: 8,133, a reviewer for many indexed journals in the specialty and Principal Investigator for several clinical trials.

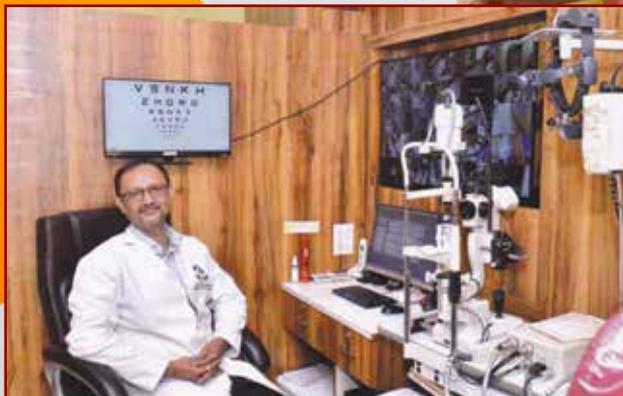
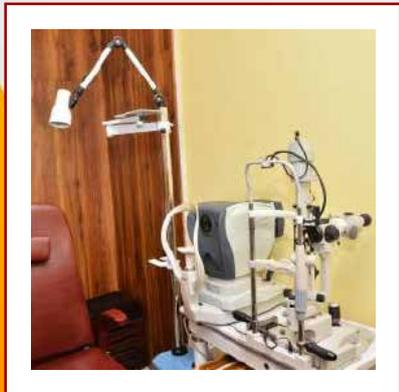
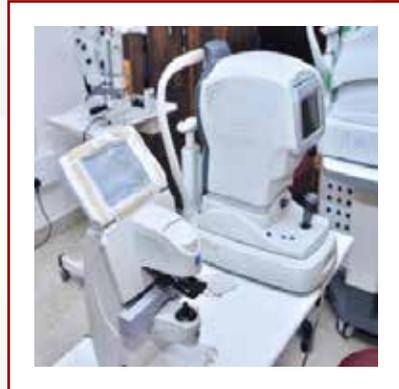
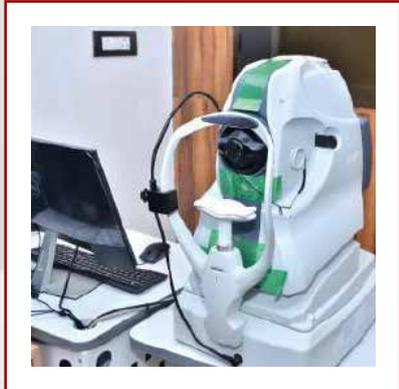


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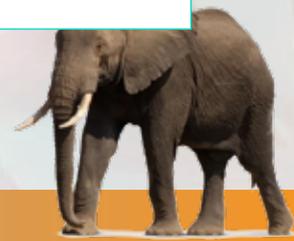


**Dr. Prateek Nishant**

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## Valour

Some hurricanes were never meant to be borne

Only some come out valiant, with fortitude  
adorned

Try braving a wave, a gale so prolonged  
Enough to make grown men forlorn

When words fail comfort and the heart feels  
shorn

Where grief and pain feel like prickly thorns  
A broken spirit hurts more than broken bones  
Never to be whole again but forever remain torn

Those who shatter, a soul's death mourn  
The eyes of the brave shine with the strength of  
many a storm  
Never a victim, always a fighter, silent but strong  
Courage is a badge that is quietly but very  
proudly worn

-Pallavi

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100 शैख्या की मल्टीस्पेशलिटी आई.एस.ओ.

एवं एन.ए.वी.एच. द्वारा प्रमाणित अस्पताल

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- बवासीर, ( लेजर मशीन द्वारा )
- किडनी स्टोन का ऑपरेशन एवं प्रोस्टेट का ऑपरेशन  
( टी.यू.आर.पी. )
- हड्डी एवं जोड़ का सारा ऑपरेशन
- घुटना एवं कमर के जोड़ का प्रत्यारोपण
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- आँख ( मोतियाबिंद ) का ऑपरेशन
- स्त्री रोग सम्बंधित ऑपरेशन
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## *Forge*

Do let me know when the tired old leaves  
That were once a part of my exuberant tree  
Have swivelled their way to the ground and died —  
I live in the hope that one day in the arms  
Of the colourful spring they will be found  
Healthy, bountiful and alive .

Do let me know when the past is done  
Holding onto me like autumn's  
Haggard grey clouded skies —  
I will patiently await the bright sunny days,  
The joy I feel in the warmth of the summer breeze,  
To the past I will gladly bid goodbye .

Do let me know when the moist grainy earth  
Has found a way to swallow life whole  
And winter has finally passed me by —  
From the frozen ground, wasted fields,  
Haggard soils like the burst of spring -  
Like a dauntless, fearless Phoenix I will arise.

-Pallavi

*It is not the standard of living of living, That is important,  
but the manner of living.*



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## Kamal Eye Clinic

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10am to 7pm

### Operation

Mon, Wed, Fri

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- ✦ Centurion Phaco system
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- ✦ RAM

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Ex. Prof. (Ophth), RMCH, Ranchi



**Dr. Rashi Shyam**  
Consultant and Eye Surgeon  
DNB (Shroff Eye Centre, New Delhi)  
Phaco Training (Icare, NOIDA)



**Dr. Kushal Shyam**  
MS Gen. Ophthalmology



**Dr. Anshul Shyam**  
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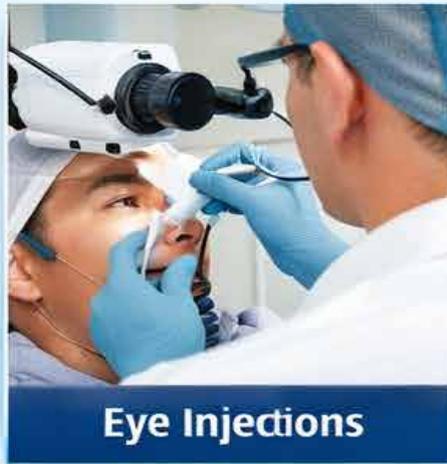
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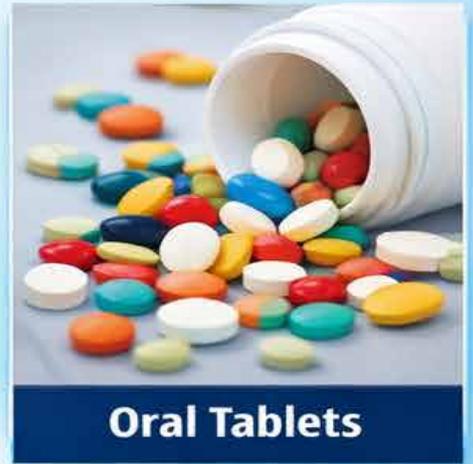
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## Patient Awareness Regarding Eye Health

DR. SURUCHI PALLAVI, M.B.B.S, D.O, RIMS, CONSULTANT SJHRC, RANCHI

Patient awareness regarding their eye health is generally poor, especially for emergent or chronic conditions like acute glaucoma, retinal detachment, and age-related macular degeneration, but can be improved with targeted educational efforts. Lower awareness is often linked to factors like lack of formal education, rural residence, and being younger, while higher education and age are associated with better knowledge

### Key Areas of Awareness & Knowledge Gaps

**Emergent Ophthalmic Diseases:** Awareness of emergent conditions like amblyopia (lazy eye), strabismus (cross eyes) retinal detachment, glaucoma, and giant cell arteritis is often low, with many patients not knowing what to do until vision is severely affected.

**Chronic Conditions:** Patients with conditions like glaucoma, ARMD (Age Related Macular Degeneration), Hypertensive retinopathy are often unaware of the progressive nature and irreversibility of the damage, leading to late diagnosis and treatment.

**Diabetic Eye Disease:** While awareness of diabetes' effect on eyes is high, patients may lack understanding of how to prevent diabetic eye diseases and the benefits of consistent blood pressure and lipid control, notes a study on diabetic eye disease.

**Family History:** Having a family member with an eye condition, such as glaucoma, can increase a patient's awareness of the disease.

### How to make aware patients Regarding their Eye Health

To increase patient awareness in ophthalmology, ophthalmologists can provide clear explanations of eye exams and conditions, distribute educational materials like brochures and leaflets, and leverage social media and community outreach for presentations. Patients should also be guided to trusted online resources such as the American Academy of Ophthalmology's Eye Smart website and the National Eye Institute to learn about risk factors and eye health.

**Direct Patient Communication & Education Explain the Importance of Eye Exams:** Clearly communicate why regular eye exams are vital for detecting conditions like glaucoma and cataracts.

**Describe Signs and Symptoms:** Inform patients about the specific signs and symptoms of various eye diseases and the need for timely intervention, especially for emergent conditions.

**Common symptoms in adult** - Redness, Photophobia, FB sensation in eye due to Dry Eyes.

Unilateral redness should be given attention. Sudden painless loss of vision in RD (Retinal Detachment), RVO (Central Retinal Vein Occlusion), optic neuritis, Vitreous hemorrhage.



*Life is best for those who want to live it.*

# JHOSCON 2026

Sudden painful diminution of vision in Iridocyclitis, Angle closure attack.

## **Common Symptoms in Children:**

**In new born:** Pre-term baby who have NICU admission, parents should be aware for routine eye check-up for congenital eye disease & Retinopathy of pre-maturity.

**In pre-verbal age group or toddlers-** always assess red reflex or reflection of the camera flash. A hite, yellow or black reflection in one or both eyes are abnormal & can be warning sign of many Eye disease.

**In children of school going age:** Routine eye check-up to be done. Blurring of vision, watch for mis alignment that is any abnormal movement of Eye ball like in ward, out ward, deviations when one eye looks straight are also eye problem which never gets corrected itself. Checking vision of each eye seperately is also very important.

Pink Eyes or Red Eyes in pediatric age group may be due to Bacterial or viral infection or due to Allergens, even serious conditions like Juvenile uveitis or intra ocular tumor.

**Encourage Follow-Up:** Suggest patients actively seek more information about eye conditions, especially if they have risk factors like a family history of glaucoma.

**Community & Digital Outreach Give Oral Presentations:** Present at community centers, schools, and colleges to raise awareness about eye health and specific eye conditions.

Excessive use of electronic device leads to eyestrain, headache, dry eyes and sometime develop myopia. back. It is app linked to higher risk of long screen time with poor posture may lead to pain in neck & back. It is also obesity due to sedentary activity.

Few recommendations to reduce screen time Encourage practic like "20/20/20 rule ("means every 20 min, look at Something 20 feet away for 20 sec). to reduce eye Strains."

Establish few rules in daily life like - No screen during meal.

No screen in bedroom.

**Utilize Social-Media:** Create and maintain social media accounts to post informative content about eye health and promote awareness campaigns.

**Support Public Health Initiatives:** Participate in or promote awareness months, like UV Safety Month, which highlights the risks of sun exposure to eye health.

**Addressing Barriers to Care Improve Accessibility:** Support initiatives like satellite eye care clinics or weekly provider visits to underserved communities to reduce barriers related to distance and transportation.

**Promote Empathy:** Foster empathy and good communication skills among ophthalmology professionals to improve patient-doctor relationships and encourage patient adherence to treatment plans.

**Conclusion:** Ultimately, it is evident that the well-being of our eyes is a vital component of our general health and should be accorded the emphasis it merits. Through deliberate systematic prioritization of our ocular well-being via routine examinations and prompt medical intervention, we may avert the deterioration of our eyesight and sustain optimal sight throughout our lifetimes. In summary, our eyes are invaluable and need optimal care. Through collaborative efforts to give priority to ocular health within our communities, we can guarantee universal availability of vital resources and assistance necessary for the preservation of optimal vision and general welfare.

*Difficult for those who analyze it and worst for those who criticize it.*



## Deep Down

Krishnarjun Bhattacharya

Krishnarjun Bhattacharya has Authored and published 4 Books  
(Tantrics of Old, Horsemen of Old, Myths of Old, Book of Bones) all available in amazon.in

All the spiders eagerly awaited the death of the sun. There were rumors, many rumors, that it would happen soon-the irradiated roaches of the outer city seemed to believe so with conviction.

Soon, soon, soon, they would chitter, their feelers bristling with nuclear dust. Soon, they would say collectively, as if it was the one word, the one anthem all the roaches could follow. The hill they could die on. One word. Soon.

For it had grown strong, the sun. It had grown prickly, like a sullen old man at the end of his life cycle, reaching out with a stout little stick. It would burn even the indestructible roaches now; it would burn them the same way it had burned the others-the machines and the humans. They'd lie belly up, these roaches, their insides cooking, mandibles and athletic little legs running marathons in the air-high frequency death knells echoing through the abandoned cities.

Not many of the spiders even emerged above ground. They knew the risks. They did not relate to the speedrunning, thrill-seeking tendencies of the rad resistant insects who'd play hide and seek with the speed of sunbeams. No, the spiders took up residence in the fallen. structures of the old world. This meant metro station networks, bunkers, silos and underground granaries were now webbed up. What were once walkable spaces were now tight knit caverns of white, a singular path along a safe set of strings that led through ever so many suspended objects, all entombed in mutated silk for eternity.

And within these webs, so many shiny things!

The spiders of the new world order were collectors, you see. Collectors who, while not being able to precisely grasp what made a certain human object desirable, did see something of value, something different, something which perturbed them. There were defunct motor vehicles to be found, a mailbox, hundreds of books, bits and pieces of blunt weapons, beach toys, curtain rods, hourglasses and interestingly shaped glassware. Of course, there were humans too-only their skeletons remained, but now they were properly hooked up to the strings and could be moved around like puppets if the spiders chose. Who these dumb apes had been did not matter. It was random.

It might have been the scent of oils that attracted them to all the paintings-but down deep there were also found many Pollocks and Dalis and Matisses and oh dear, even a Caravaggio. Perhaps Hieronymus Bosch might have a thing or two to say about these subterranean gardens-if he were still around, he might just tear limb from limb to simply feel in his hands a paintbrush, so he might interpret, so he might represent. But he was not around. No one was. The spiders lived in darkness, preying on smaller, infinitely unluckier prey than them.

*Dream gives rise to hope, Hope inspires effort. efforts result in success. So, dreams are root of success*

# JHOSCON 2026

And they cursed the sun, they forever cursed the sun, the only great injustice, they called it, that one damned ball of fire that singlehandedly gate kept their triumphant return to the

surface. Oh, and what a return it would be, once the burner was cold! They would spill out of the earth like a water spout, so many of them, all brothers and sisters and mothers and children, excitedly chittering and whispering and snipping at one another, racing down sidewalks and up buildings, coating the very earth in what was left of their white memory fabric...

So hoped the arachnids in their long, listless dream, their neverending state of coma that became their only refuge as the sun grew hotter and hotter. The heat fried the pavements, the roads, the many thick layers of what the humans had dumped-and then it came for them in the depths of the earth.

The matriarchs and their broods shifted deeper, deeper, deeper, something that became an almost migration-like movement into every crack and crevice, every way that was on offer for desperate flight. But soon they realised that the true depths, far, far, oh so far below-they also held heat. The planet held another hot, beating heart in its dark insides, a place with air hot enough to melt them Immediately-what a betrayal.

No safe space remained.

So, the spiders decided to weave through it all. It wasn't going to be easy. They had attempted it once before, just once, and it had gone horribly wrong. But there were no choices, not anymore-so hissed the Matriarch, the Red Crested Black Weaver. She told the spiders to think about the surface. About their great dream. About all the things that they wanted together.

And then they weaved.

Weave, spin, build, create! Sing, sing, sing! Bone dry drums beat in the depths and echoed through their halls, and so sang the war march of the little arachnids. Skitter, skitter, buzz, hiss, a bit of hither and thither and a bit of helter and skelter, frenzy and lovely chalice of energies and life, eggs hatching and younglings getting to work, to weave, the grand plan, the ark making itself, they weaved day and night, they weaved deep, deep down, they weaved time and space.

The death of the sun was not to be had, so they weaved themselves through the silky, musty, mysterious, swirling fabrics of time and space, into a time when the sun was merciful, its glow simply warm. And as they crossed over into this new time with this benevolent sun, they realised that they had survived.

That through their art, and simply their art alone, they had found a way.

They skittered to each other excitedly and lay about in wild green grass, soaking up this golden warmth, all of it reminding them of all the valuables they would soon get to find. Find, catalogue, cocoon. For here was another world to be conquered still, but here perhaps, one could do all this planning and scheming around moist glasses of iced tea.

*There is only one difference Between dream and dem.*



## Ethics in Medical Practice

Dr. D. Tandon

Medical ethics is the branch of ethics that deals with moral principles and rules guiding healthcare professionals in their work with patients, families, and society. It helps doctors, nurses, and other practitioners decide what is "right" or "good" when they face difficult situations.

**Here are its main principles (often called the "four pillars") :**

### 1. **Autonomy:**

Patients should be free to decide about tests, treatments, or refusing care- as long as they understand the risk and benefits.

**Example:** A competent patient has the right to refuse surgery, even if it could save their life.

### 2. **Beneficence:**

Health professionals must act to benefit the patient's health and overall well-being.

**Example:** Choosing a treatment that improves quality of life, not just prolongs life.

### 3. **Non-maleficence:**

"First, do no harm." Avoid treatments where risks outweigh benefits.

**Example:** Not prescribing antibiotics for a viral cold (to avoid resistance and side effects).

### 4. **Justice:**

Treating people fairly and distributing health care resources equitably.

**Example:** Fair allocation of limited resources (organs for transplant, ICU beds)

Equal treatment regardless of gender, caste, religion, or wealth.

### **OTHER IMPORTANT CONCEPTS**

- **Confidentiality:** Patient information should not be shared without consent, except when there is a serious threat to others (e.g., infectious diseases). Or legal reasons require disclosure.
- **Informed Consent:** Patients must understand the diagnosis, treatment options, risks, benefits, and alternatives before agreeing.
- **Truth-telling (Veracity) :** Doctors should provide honest information about prognosis and treatment.

- **Fidelity:** Loyalty and keeping promises to patients.

### **ETHICAL DILEMMAS IN PRACTICE**

**End-of-life care:** Deciding about life support, palliative care, or "Do Not Resuscitate" (DNR) orders.

**Resource allocation:** Who should get an organ transplant when there are more patients than available organs?

**Genetic testing:** Whether to disclose result that might affect family members.

**Research on humans:** Balancing scientific progress with protecting participants' rights (e.g., following the Declaration of Helsinki).

**Public health vs. individual right:** Quarantine during outbreaks, vaccination mandates.

### **GUIDELINES & CODES**

- Hippocratic Oath - Ancient pledge for physicians.
- World Medical Association's Declaration of Geneva- Modern Physician's pledge.
- Declaration of Helsinki - For medical research involving humans.

**The Indian Medical Council Act, 1956** provides the legal framework for the Medical Council of India (now the National Medical Commission) to regulate medical education and practitioners. **The Code of Medical Ethics, specifically the Indian Medical Council (Professional Conduct, Etiquette and Ethics) Regulations, 2002**, details the professional standards, duties, and ethical guidelines for registered medical practitioners.

### **Key Provisions:**

The Act was amended to include provisions for the National Medical Commission (NMC) which now oversees medical regulation.

### **Code of Medical Ethics (Regulations, 2002)**

**Purpose:** To define the professional conduct, etiquette, and ethical standards for registered medical practitioners in India.

**Implementation:** Registered medical practitioners must sign a declaration agreeing to abide by these regulations upon registration.

*Life has given us "REAL EYES" to REALISE! the "REAL LIES",  
Feel the difference*

# JHOSCON 2026

Excerpt from *Love and transformation*,  
By Late Dr. R.P. Tandon Consultant Ophthalmologist from Ranchi

## Love is Life, Live in Love

According to our guru Love and Transformation should be constant. We aim explore the various facets of Love find out the nature of Love that transformations. According to HIM "There is nothing greater than love on earth. Anything can be accomplished through love. Therefore, make every effort to promote love"

God loves us in the purest way, totally unreservedly, constantly and compassionately. By loving through the Lord (Lord being present in everyone and in everything) we are able to expand our love. The greater our love for the Divine, the greater. His love for us; the more we can share our love with others.

There are two paths to cultivate love they are :-

- a) Consider the fault of others, however big to be insignificant and negligible. Let our faults appear big and needing our immediate repentance.
- b) Every action of ours should be done remembering that God is omnipresent. He sees and hears everything. Every moment, we should realise His presence and omnipotency. We are merely and instrument of His Will.

We will gain love, by this approach to the Lord. Let us pray that we are able to distribute His Love to everyone. We will now discover that Love is bound to life. The stream of love that flows, through us as His instrument is a stream whose flow is unhindered. It is from heart to heart, from mind-to-mind, Atma to Atma. It is our privilege to work for HIM, for He can very well do without us. Let our activities be for Him. Let HIM have our thoughts courteously.

According to an ardent devotee "Our Guru regards all religions as equally true, but transcending them all, He upholds Religion of love, which is the sweetest core of every religion, as the Supreme. It is only through love that mankind can be united as homosapiens with identical genetic pool. Mankind must live in brotherhood for his own evolution. Perhaps

unlike the Darwin evolution it will not be merely a physical evolution but a transformation of the brain boundary to greater evolution of the mind. The forces of this change is Prema, which is unrestricted, unselfish, continuous and unending. It is this love that can transform every mind and heart. What does transformation mean? Looking at the multifaceted aspects of Love - a force, an emotion that permeates every good action, every ethical action, being the basic need of every human, every community, every collection of countries, every justice given, every equality enforced. All the knowledge in the world is based on "Atmik" knowledge. So everyone has in him knowledge of his true from. The diversity you see in the creations is a manifestation of the individual one. All the changing entities is based upon the ONE that is unchanging. God is beyond all Attributes. Hence his love is without attributes. Pure love of this kind can only emanate from pure heart. Self and Love are not different from each other. Self is love, Love is self, Brahman is Self, self is Brahman.

Guru says "Love for God is incomplete without love for God in all". This carries a message of brotherhood of man - a message that quest of spirituality begins within us. Love does transform us. The transformation of the individual has to precede the transformation of society and the universe. We have to imbibe human values and integrate it within ourselves. The message of love is that peace that mankind is searching for. Ananda (Bliss) is the first value for which love is essential. We cannot have Dharma and Satya without love. The core of this love is divinity itself. Best way to love God is to love all, serve all. Love is selfness. Love is unconditional. Love is giving totally.

*Tolerance is the highest degree of your strength & desire  
to take revenge is the first sign of weakness*



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